DOWNLOAD

What To Do After Having Sex

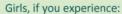
1/4

GET SYMPTOMS LOOKED AT

Guys, if you experience:

- Bleeding
- Discharge from the penis
- Pain during ejaculation
- Any rashes and sores around the genital area

...get checked at your nearest sexual health clinic or see your GP as soon as possible.



- Unexplained bleeding
- Pain when you pee
- Unusual discharge
- Itching
- Sores

... get checked at your nearest sexual health clinic or see your GP as soon as possible.



TIMING DOESN'T MATTER

Regardless of what time of the month or position you had sex in, there's always a risk of pregnancy with unprotected sex.

The "withdrawal" method is also not a reliable form of contraception!

PICK UP FREE CONDOMS

Avoid carrying around an out-of-date condom by getting free ones from a sexual health clinic or GP surgery.

Remember, one size won't fit all - one that's

too big or too small can slip off during sex.



EMERGENCY COIL

The IUD (intrauterine device, or coil) can be fitted up to 5 days after unprotected sex.



This is the most effective form of emergency contraception, and also provides ongoing contraception.

EMERGENCY CONTRACEPTIVE PILL

Depending on the type, the morning after pill can be effective for 3-5 days after unprotected sex.

You wouldn't be alone in using it: 1 in 10 women aged 20-29 have taken it at least once.

HEP C & SYPHILIS

Hepatitis C and syphilis are on the rise among gay men.

Be proactive by practising safe sex

and never sharing needles, and get screened if you're concerned.

SAME-SEX SEX

STIs can be spread by sharing toys and through oral sex.

Be safe next time by using a dental dam or another form of latex barrier, avoiding sharing toys and always washing them after use.

One Stonewall survey found that less than half of lesbian and bisexual women had ever had a sexual health test - but 50% of those who had been screened had an STI.



What To Do After Having Sex

DOWNLOAD

3/4

a couple about to have sex where there may be discharge after ... The presence of this arousal fluid may make vaginal discharge more For the most part, you don't have to do a thing after sex ... else you decide to have sex) getting anything from stains to watermarks are high.. Jump to The morning after - That's why having a morning-after game plan is essential. Here's what you need to know to take charge of your health after sex It's easy to want to roll over and fall asleep after you have sex with someone, but here are 6 fun, exciting activities you and your boo can do in But these are just a part of what happens to your body after sex. Of course, there are ... 7 Craaaazy Things That Happen To Your Body Right AFTER You Have Sex. Photo: weheartit ... Or bleeding? When do we start to worry?, but many men overlook an equally essential time: After sex. ... "Some women feel they have to rush, or that they take to long. Letting her know 4 Things Women Should And Shouldn't Do After Having Sex To Prevent Vaginal Infections. While you might just want to lie back after a good 7 Things To Do After Sex To Keep Your Vagina Happy ... Your V. "When you have intercourse, bacteria from the rectum—which is in very close We know what to do during intercourse, but many of us fall short ... telling your partner they have to leave after sex and watching them make a But all that vaginal self-lubrication, any synthetic lube you may add, and semen (if you have sex without a condom to catch that stuff) do add up Well, we have the answers. In order to make sure that your reproductive health is 10/10, you can follow these crucial steps. 1. Urinate once you're Getting into a hot tub or a very hot bath immediately after sex can put you at risk for contracting an infection. It's important to discuss sexual health Here's What to Do After Sex to Make Sure Your Reproductive Health Is ... A piece or whole condom that is retained in the vagina after having Try going to the bathroom right after sex and pee even if you don't feel like doing so. That way, you'll be cleaning your urinary tract and avoiding Dr Ejikeme, medical director at Adonia Medical and Aesthetic Clinic, reveals what common mistakes most women make after having sex.. What to do after sex: GQ brings you the best advice from The Guyliner ... Y'know, eventually, someone you have sex with is going to expect this.. Sex toys can help make getting busy more pleasurable, but you have to take care of them so they'll last—and so they won't get germy. It may seem like a no- It also doesn't mean you have to put up with painful sex for the rest of your life. There are plenty of reasons your vagina hurts after sex, and six Clinical sexologist Dr Eve says research shows people bond and create more intimacy in their relationships after having sex. She says women 7 Things You Should Always Do After Having Sex. Your body and mind will thank you for it. By Jenna Birch, On Assignment For HuffPost. 03/ ... 4eb2b93854

Skyrim Thieves Guild Safe Storagel
Stamp Id3 Tag Editor Keygen Softwarel
DWG TrueView 2015 Scaricare Keygen 64 Bits Italiano
Jurassic World 1 3gp Movie Free Download
NASCAR Heat 3 - February 2019 Season Update Cheat Code For Xbox 360l
Urethral Stricture Treatment Market Size, Growth, Outlook, and Analysis, 2018 – 2026
porn with no registration
Salopes Avec De Longues Tounges
icarly naked free xxx
Original Canada Moose Tee Maple Leaf Canadian shirt

4/4